

LOVE LANGUAGE TEST



Welcome to the Love Language Quiz! This quiz is designed to help you discover your primary love language, a concept introduced by relationship expert Dr. Gary Chapman in his book "The 5 Love Languages."

Understanding your love language can provide valuable insights into how you express affection and feel loved in your relationships. By answering the following questions honestly, you'll uncover your primary love language and gain a deeper understanding of how you prefer to give and receive love.

1. WHEN YOU WANT TO EXPRESS YOUR LOVE, WHAT DO YOU TYPICALLY DO?

- a) Give thoughtful gifts
- b) Spend quality time together
- c) Offer words of affirmation
- d) Perform acts of service
- e) Show physical affection

2. WHAT MAKES YOU FEEL MOST LOVED BY YOUR PARTNER?

- a) When they surprise you with gifts
- b) When they prioritize spending time with you
- c) When they compliment and encourage you
- d) When they help you with tasks or chores
- e) When they show affection through hugs, kisses, or cuddles

3. HOW DO YOU PREFER TO COMMUNICATE WITH YOUR PARTNER?

- a) Through little gifts or tokens of appreciation
- b) By having meaningful conversations and bonding activities
- c) Through verbal expressions of love and encouragement
- d) By helping each other out with tasks and responsibilities
- e) Through physical touch and closeness

4. WHAT GESTURE FROM YOUR PARTNER WOULD MAKE YOUR HEART MELT?

- a) Receiving a surprise present
- b) Planning a romantic date night
- c) Hearing them say "I love you" or express appreciation
- d) Having them take care of something you usually handle
- e) Being hugged or kissed unexpectedly

5. HOW DO YOU TYPICALLY SHOW YOUR AFFECTION TO YOUR PARTNER?

- a) Buying or making them thoughtful gifts
- b) Planning special outings or activities together
- c) Complimenting and encouraging them regularly
- d) Doing favors or chores for them without being asked
- e) Initiating physical contact and being affectionate

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6. WHAT MAKES YOU FEEL MOST CONNECTED TO YOUR PARTNER?

- a) Give thoughtful gifts
- b) Spend quality time together
- c) Offer words of affirmation
- d) Perform acts of service
- e) Show physical affection

7. HOW DO YOU TYPICALLY APOLOGIZE OR MAKE UP AFTER A DISAGREEMENT?

- a) When they surprise you with gifts
- b) When they prioritize spending time with you
- c) When they compliment and encourage you
- d) When they help you with tasks or chores
- e) When they show affection through hugs, kisses, or cuddles

8. WHAT WOULD MAKE YOU FEEL MOST APPRECIATED BY YOUR PARTNER?

- a) Them surprising you with a thoughtful gift
- b) Them spending quality time with you, giving you their undivided attention
- c) Them expressing their love and admiration for you verbally
- d) Them helping you with tasks or chores without being asked
- e) Them initiating physical contact and being affectionate

9. WHAT KIND OF GESTURE FROM YOUR PARTNER WOULD BRIGHTEN YOUR DAY?

- a) Receiving a small token of their affection unexpectedly
- b) Them planning a surprise date or outing for just the two of you
- c) Hearing them express their love and appreciation for you
- d) Them taking care of something you usually handle without being asked
- e) Getting hugged or kissed unexpectedly

10. HOW DO YOU PREFER TO RECEIVE ENCOURAGEMENT FROM YOUR PARTNER?

- a) Through thoughtful gifts or surprises
- b) By spending quality time together and having meaningful conversations
- c) Through verbal affirmations and compliments
- d) By having them lend a hand with tasks or responsibilities
- e) Through physical affection and closeness

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11. WHAT GESTURE FROM YOUR PARTNER WOULD MAKE YOU FEEL MOST UNDERSTOOD?

- a) Them surprising you with something you've been wanting or needing
- b) Them setting aside time to listen and understand your thoughts and feelings
- c) Them expressing their love and appreciation for you verbally
- d) Them helping you with tasks or responsibilities without being asked
- e) Them showing physical affection and closeness, reassuring you with hugs or kisses

12. HOW DO YOU PREFER TO RECEIVE APOLOGIES FROM YOUR PARTNER?

- a) Through receiving a thoughtful gift along with a sincere apology
- b) By spending quality time together to talk things through and make amends
- c) Through hearing them express their remorse and affection verbally
- d) By having them do something special to make it up to you
- e) Through physical closeness and reassurance, like hugs or kisses

13. HOW DO YOU USUALLY SHOW APPRECIATION FOR YOUR PARTNER'S EFFORTS?

- a) By surprising them with thoughtful gifts or gestures
- b) By spending quality time together, acknowledging their contributions
- c) By verbally expressing your gratitude and admiration
- d) By doing something special for them to show you care
- e) By showing physical affection and closeness, like hugs or kisses

14. HOW DO YOU TYPICALLY EXPRESS YOUR LOVE WHEN YOUR PARTNER IS FEELING STRESSED OR OVERWHELMED?

- a) By surprising them with a small gift or gesture to cheer them up
- b) By spending quality time together, providing emotional support
- c) By offering words of encouragement and reassurance
- d) By helping them with tasks or chores to lighten their load
- e) By showing physical affection and closeness, offering comfort through hugs or cuddles

15. WHAT GESTURE FROM YOUR PARTNER WOULD MAKE YOU FEEL MOST SUPPORTED?

- a) Them surprising you with a thoughtful gift when you're feeling down
- b) Them spending quality time with you, just being there for you
- c) Them offering words of encouragement and reassurance
- d) Them helping you with tasks or responsibilities without being asked
- e) Them offering physical comfort through hugs or cuddles

LOVE LANGUAGE TEST RESULTS

Recognizing your primary love language can greatly enhance communication and intimacy with your partner, allowing both of you to better understand each other's needs and strengthen your connection. Remember, while you may have a primary love language, it's also valuable to appreciate and incorporate expressions of love in all five languages to nurture a well-rounded and fulfilling relationship.

MOSTLY A'S: YOUR PRIMARY LOVE LANGUAGE MAY BE RECEIVING GIFTS. YOU FEEL MOST LOVED AND APPRECIATED WHEN YOUR PARTNER SURPRISES YOU WITH THOUGHTFUL TOKENS OF AFFECTION.

MOSTLY B'S: YOUR PRIMARY LOVE LANGUAGE MAY BE QUALITY TIME. YOU VALUE SPENDING MEANINGFUL MOMENTS TOGETHER AND FEEL MOST LOVED WHEN YOUR PARTNER PRIORITIZES YOUR TIME AND ATTENTION.

MOSTLY C'S: YOUR PRIMARY LOVE LANGUAGE MAY BE WORDS OF AFFIRMATION. YOU THRIVE ON VERBAL EXPRESSIONS OF LOVE AND ENCOURAGEMENT AND FEEL MOST LOVED WHEN YOUR PARTNER COMPLIMENTS AND APPRECIATES YOU.

MOSTLY D'S: YOUR PRIMARY LOVE LANGUAGE MAY BE ACTS OF SERVICE. YOU FEEL MOST LOVED WHEN YOUR PARTNER HELPS YOU OUT WITH TASKS OR RESPONSIBILITIES WITHOUT BEING ASKED, SHOWING THEIR CARE THROUGH ACTIONS.

MOSTLY E'S: YOUR PRIMARY LOVE LANGUAGE MAY BE PHYSICAL TOUCH. YOU FEEL MOST LOVED AND CONNECTED THROUGH PHYSICAL AFFECTION AND CLOSENESS, SUCH AS HUGS, KISSES, AND CUDDLES.